



30 DAY *Prayer* challenge



30

DAY

Prayer

challenge



As we go throughout the year it's so easy to lose focus on the purpose and direction that God has for us. As months begin to pass, we may face circumstances that will cause us to doubt our purpose, allow turmoil to get us off track and lose our motivation to move forward. This challenge is an opportunity to refocus ourselves, listen for God's guidance and encourage ourselves to fulfill our purpose.

God's Promises

Week 1

Mark 11:24
2 Corinthians 9:8
John 8:36
Isaiah 43:2
Proverbs 3:5-6
Isaiah 41:10
Isaiah 40:29

Purpose

Week 2

1 Peter 2:9
Ecclesiastes 3:1
Jeremiah 29:11
Ephesians 2:10
Proverbs 19:21
Psalms 33:11
Exodus 9:16

Discernment

Week 3

James 1:5
Romans 12:2
Ephesians 5:6-10
Job 34:4
James 3:13-18
Philippians 1:9-10
Psalms 119:66

Encouragement

Week 4

Ephesians 3:20
Deuteronomy 31:6
Psalm 27:12
Romans 8:31
Isaiah 40:31
Mark 10:27
Matthew 17:20
Philippians 4:13
Romans 15:13

30 DAY *Prayer* **challenge**

Prayer is personal. During your prayer time, write down the things you want, find scriptures to support what you are asking God for and continually pray those words. Writing down your prayer enables you to become more comfortable with praying.

The most important thing to remember when you're praying is to be open and be yourself. God knows your heart and who you are. Prayer is not a time to try to be fancy or boast about how knowledgeable you are. Prayer is a time for you to have a meaningful conversation with God, to strengthen your faith and relationship by acknowledging you need Him.

Writing Your Prayers

1. Be specific about what outcome you're seeking.
2. Know the Word. Prayer is more powerful when it is based on scripture.
3. Be yourself.
4. Be consistent. Make intentional prayer a daily habit.
5. Express your thanks often.

9 Prayer Prompts

1. Please guide me as...
2. Please forgive me for...
3. Please give me strength to...
4. Please give me courage to...
5. Please help me to...
6. Thank you for being a...
7. I could have never imagined...
8. Thank you for blessing me with...
9. You are my source for...



Prayer

Bible Verse of the Day

Reflection

Thankful For

Today's Prayer

